

## Bellafill Consent

### INTENDED USE / INDICATIONS

**Bellafill is indicated for the correction of nasolabial folds and moderate to severe, atrophic, distensible facial acne scars on the cheek in patients over the age of 21 years.**

### Bellafill®

Bellafill® is an FDA approved dermal filler made of sterile polymethylmethacrylate (PMMA) microspheres in a purified bovine collagen gel carrier. This consent outlines the information and risks associated with Bellafill when used for the for the correction of nasolabial folds and moderate to severe, atrophic, distensible facial acne scars on the cheek in patients over the age of 21 years. Please refer to the Bellafill® Instructions for Use for full prescribing details.

### How Bellafill® works

Bellafill® is a dual-acting injectable dermal filler. First, the collagen provides immediate volume below nasolabial folds or pitted acne scars to lift them to the level of the surrounding skin.<sup>1</sup> The PMMA microspheres remain in place and create a base that provides structural support to the skin. Most patients can expect to maintain the correction they see early after treatment. However, every patient's skin is unique and it is recommended to begin with a conservative amount and continue with touch up treatments as needed to achieve optimal results. Optimal correction of all the areas that you are concerned with may take several syringes and/or treatment sessions. A discussion of how many syringes and treatment sessions that will be required, along with associated costs related to treatment(s), should take place prior to any treatment.

### Procedure Description

An injection or topical application of numbing medicine, such as lidocaine, may be used, if desired. Bellafill® also contains lidocaine to minimize treatment discomfort. One or more injections of Bellafill® will be placed under the skin's surface. Some massage may be done immediately after the injection. Ice or cooling packs may be placed over injection points.

### Contraindications

- Bellafill® is contraindicated for patients displaying a positive response to the Bellafill® Skin Test. Refer to the Bellafill® Skin Test Instructions for Use for complete instructions for administration and evaluation of the skin test.
- Bellafill® is contraindicated for patients with severe allergies manifested by a history of anaphylaxis, or history or presence of multiple severe allergies.
- Bellafill® contains lidocaine and is contraindicated for patients with known lidocaine hypersensitivity.
- Bellafill® contains bovine collagen and is contraindicated for patients with a history of allergies to any bovine collagen products, including but not limited to injectable collagen, collagen implants, hemostatic sponges, and collagen-based sutures, because these patients are likely to have hypersensitivity to the bovine collagen in Bellafill®.
- Bellafill is contraindicated for patients undergoing or planning to undergo desensitization injections to meat products, as these injections can contain bovine collagen.
- Bellafill® is contraindicated for patients with bleeding disorders.
- Bellafill® is contraindicated for use in lip augmentation and injection into the vermilion or the wet mucosa of the lip.
- Bellafill should not be used in patients with known susceptibility to keloid formation or hypertrophic scarring.

## WARNINGS

- The safety of Bellafill when used within 6 months of collagen, botulinum toxin, or other wrinkle therapies has not been studied.
- A Bellafill Skin Test must be administered and evaluated prior to injection of Bellafill. Patients demonstrating a positive skin test or 2 equivocal skin tests should not be considered candidates for treatment. Patients demonstrating an anti-bovine collagen serum IgG level outside of the normal range at baseline also should not be considered candidates for treatment. Refer to the Bellafill Skin Test Instructions for Use.
- Use of Bellafill at specific sites in which an active inflammatory process (skin eruptions such as cysts, pimples, rashes, or hives) or infection is present should be deferred until the inflammatory process has been controlled.
- Bellafill must not be implanted into blood vessels. Localized superficial necrosis and scarring may occur after injection in or near blood vessels, such as in the lips, nose, or glabellar area. It is thought to result from the injury, obstruction, or compromise of blood vessels.
- As with all dermal filler procedures, Bellafill should not be used in vascular rich areas. Use of similar products in these areas, such as glabella and nose, has resulted in cases of vascular embolization and symptoms consistent with ocular vessel occlusion, such as blindness. For additional information please see the Post-Marketing Surveillance Section in Adverse Events.

## PRECAUTIONS

- Bellafill contains non-absorbable PMMA microspheres. Implantation is permanent and will not be reversed without physical removal.
- The safety of Bellafill for use during pregnancy and in breastfeeding females has not been established.
- Bellafill is packaged in a sealed tray containing individual treatment syringes with sterile needles for single patient use, packaged in a box. The tip of the syringe is sealed with a tamper evidence cover. Do not use if the seal on the tray lid or syringe is broken or removed. Do Not Resterilize.
- The safety of injecting greater amounts than 3.5 cc per treatment site or 8.9 cc overall has not been established.
- The safety and effectiveness of Bellafill for the treatment of non-distensible atrophic acne scars has not been established. The use of Bellafill for ice pick or sinus tract scars has not been studied.
- The safety and efficacy of Bellafill for nasolabial fold wrinkles and cheek acne scars have not been established in patients under the age of 21 years. There is limited information on the safety of Bellafill in patients less than 36 years of age. In the pivotal Acne Scar study of Bellafill, the incidence of injection site reactions in subjects less than 36 years old (30 subjects) was similar to the incidence in subjects above the age of 36 (113 subjects). The majority of these injection site reactions were mild in severity.
- The safety in patients with known susceptibility to hyperpigmentation, keloid formation and hypertrophic scarring has not been studied. Formation of hyperpigmentation, keloids or hypertrophic scars may occur after dermal filler injections including Bellafill. In the pivotal Acne Scar study of Bellafill, the incidence and severity of adverse events in 34 subjects with Fitzpatrick Skin Types V and VI was similar to that reported in 109 patients with Fitzpatrick Skin types I - IV and no unique adverse events associated with these patient subgroups were observed.
- As with all transcutaneous procedures, Bellafill injection carries a risk of infection. The usual precautions associated with injectable materials should be followed.
- The safety of Bellafill in patients on immunosuppressive therapy has not been established.
- The safety of Bellafill in patients with connective tissue disorder has not been established.
- Bruising or bleeding may occur at Bellafill injection sites. Use of Bellafill in patients who have undergone therapy with thrombolytics, anticoagulants, or inhibitors of platelet aggregation within 3 weeks preceding treatment has not been studied.
- Patients should minimize exposure of the treated area to excessive sun, UV lamp exposure and extreme cold weather at least until any initial swelling and redness has resolved.
- If laser treatment, chemical peeling or any other procedure based on active dermal response is considered after treatment with Bellafill, there is a possible risk of eliciting an inflammatory reaction at the implant site. This also applies if Bellafill is administered before the skin has healed completely after such a procedure.
- The use of Bellafill in anatomical spaces other than the dermis for correction of nasolabial folds and for acne scars on the cheek has not been studied. Refer to the clinical studies section for more information on implantation sites that have been studied.

- The use of Bellafill in patients with thin or flaccid skin has not been studied and the cosmetic results for these patients are unknown.
- Long-term safety and effectiveness of Bellafill beyond one year has not been established.

### **Bruising:**

**This can and will happen occasionally even in the best injector's hands so please plan your treatment accordingly.**

To avoid or minimize bruising:

- Avoid alcohol consumption 10 days prior to your treatment.
- Avoid taking any medications, herbal remedies or supplements that are known to thin blood 10 days prior to your treatment. Examples include, but are not limited to blood thinners, anticoagulant medication, aspirin products, ibuprofen products, any nonsteroidal anti-inflammatory drugs, St John's Wort, Vitamin E, ginkgo biloba, fish oil, and other omega acid supplements.

### **Potential Complications**

- frequently manifested by granulomas or painful, red nodules.
- Heavy scar formation in the area of the injection (keloid formation or hypertrophic scarring)
- Compromise of tissue due to obstruction of blood vessels at the time of injection which could result in tissue necrosis (tissue death).
- If injected into a dermal vessel, may cause vascular occlusion, infarction of embolic phenomena.
- Exacerbation of chronic conditions such as herpes simplex outbreaks and dermatologic conditions like peri-oral dermatitis.

### **No Guarantees**

Because all individuals are different, it is not possible to completely predict the benefits from this treatment. By signing this document, you acknowledge that guarantees as to the final results of your treatment have not been made. You understand that additional treatments of any sort require additional fees.

### **No Refunds**

There will be no refunds given on procedures for any reason.

### **Consent to Treatment**

I have carefully read and understand this Bellafill<sup>®</sup> consent in its entirety and I have discussed the benefits and risks of treatment with my physician or his or her representative.

**It is important that you read the above information carefully and have all of your questions answered before signing.**

*I consent to Bellafill<sup>®</sup> treatment and understand that there are potential risks to this treatment and that there are alternatives to this treatment. I also understand that this consent is valid for future treatments unless the policies of the office or the known risks for Bellafill<sup>®</sup> change. By signing this form, I acknowledge that guarantees as to the final results of my treatment have not been made. Additionally, I agree to have my photos taken to be used for documentation purposes.*

Patient Name (Print) \_\_\_\_\_ Date: \_\_\_\_\_

Patient Signature: \_\_\_\_\_

Medical Provider Signature: \_\_\_\_\_ Date: \_\_\_\_\_